

INTRODUCTION

This policy has been developed to highlight the Community Games commitment to promoting positive health and well-being among all its members and the wider community as a whole.

AIM OF THIS POLICY

To promote the health and well-being of all members of Community Games.

This will be achieved by:

- Providing information and/or training on health, well-being and health promotion to all members
- Implementation of existing policies and guidelines on: substance use and misuse, child protection, anti-bullying, inclusion, healthy eating, mental health, sun safety, and physical activity
- Equipping volunteers with the resources and knowledge needed to ensure that events are organised and delivered in a manner that is conducive to the safety, well-being and protection of all members: healthy eating options, provision of a non-smoking/ non-alcohol environment, information on substance use and misuse, provision of protocols and procedures in relation to child protection, etc.
- Leading by example by creating a Health Promotion theme at all national events, and in particular the National Festivals.

DEFINITIONS

- **Health promotion** is the process of enabling people to increase control over, maintain and improve their health.
- **A Health Promoting Organisation** develops a corporate identity that embraces the aims of health promotion and demonstrates a healthy structure and culture within the organisation. It goes beyond giving people information about health, and ensures that all aspects of the organisation empower and enable people to achieve their optimum health.

RESPONSIBILITIES

Community Games Board of Directors

- It is the responsibility of the Community Games Board of Directors to support the continued development of a health promotion culture within the organisation. The Board of Directors will nominate a Health Promotion representative.

Board of Directors Health Promotion Representative

- It is the responsibility of the Board of Directors Health Promotion Representative to communicate a health promotion culture and structure within the organisation.

HSE Community Games National Steering Committee

HEALTH PROMOTION POLICY

- It is the responsibility of the HSE Community Games Steering Committee to develop and agree a project plan to manage all aspects of the partnership between Community Games and the HSE
- The Committee shall ensure that Health Promotion principals as outlined in the Ottawa Charter are incorporated into the project plan.

HSE Community Games Health Promotion Working Group

- It is the responsibility of the HSE Community Games Working Group to work toward achieving the health promotion objectives as set out in the Service Level Agreement between the HSE and Community Games
- The Working Group will implement and support national, regional and area health promotion initiatives
- The Working Group will ensure the National Festivals are a 'Health Promoting Event'
- The Working Group will develop and agree an annual action plan
- The Working Group will provide quarterly updates to the HSE CG Steering Group.

Members

- Members will incorporate health promotion into their activities and will maintain and share best practice with other members.

Support for Health Promotion within the organisation is available from:

- Local HSE Health promotion Services
- Community Games Staff
- HSE/Community Games Working Group
- Community Games Board of Directors Health Promotion Representative

Training and education is available through local HSE Health Promotion Services.

COMMUNICATION OF THIS POLICY

This policy is available for download at www.communitygames.ie.

The Area/County Children's Officer, as appropriate, shall inform children, adults, parents and volunteers of the Community Games Health Promotion Policy. The CEO shall inform staff of the Community Games Health Promotion Policy.

MONITORING AND EVALUATING

This policy will be reviewed annually by the Chief Executive Officer by the 1st February of each year.