



Community Games Activities Rulebook

SWIMMING

- Boys & Girls U/8 1 length Freestyle**
- Boys & Girls U/10 1 length Freestyle**
- Boys & Girls U/10 1 length Backstroke**
- Boys & Girls U/12 2 lengths Freestyle**
- Boys & Girls U/12 2 lengths Breastroke**
- Boys & Girls U/12 2 lengths Freestyle**
- Boys & Girls U/14 2 lengths Freestyle**
- Boys & Girls U/14 2 lengths Backstroke**
- Boys & Girls U/14 2 lengths Breastroke**
- Boys & Girls U/16 2 lengths Freestyle**
- Boys & Girls U/16 2 lengths Backstroke**
- Boys & Girls U/16 2 lengths Butterfly**
- Boys U/13 (Squad) (Panel of 5) 4x1 length freestyle**
- Girls U/13 (Squad) (Panel of 5) 4x1 length freestyle**

Length = 25 metres maximum

1. Rules of Swim Ireland to apply except where amended by Community Games rules.
2. Competitors in all events must swim within their own lanes. Any competitor wilfully impeding another competitor or in the squad competition impeding a member of another squad in any way will cause his own or his squad's disqualification.
3. Once a panel has been submitted for a squad no alternation or addition can be made. A member of the panel may compete and swim any leg of the squad at any stage of the competition. No competitor may swim two legs of the squad.
4. Races will be judged on touching the finish wall.
5. In the breaststroke races, the touch must be with both hands.
6. In the squad, the incoming swimmer must "Touch" before outgoing swimmer leaves the block.
7. The order of the start will be:-
 - a) "Take your marks". Then and only then will competitors mount the starting blocks.

- b) When the official starter is satisfied that all competitors are ready, he will either blow a whistle or fire a starting gun to start the race.
- 8. Swimmers must stay in the water at the end of a race until they are given official permission to leave.
- 9. Stop watches or clocks must not be used to determine qualifications or results.
- 10. Swimming gala referee's decisions at area, county or National Finals are final provided he has applied the rules and bye laws of the Community Games and no appeal will be accepted on such decisions.

Note:

At the National Finals U/8, competitors must be able to swim one length of the pool from the deep end.